

MENU SECONDARY LST - MAY 2021

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
3					4					5					6					7				
NOT A SCHOOL DAY					NOT A SCHOOL DAY					1 - Cauliflower Au gratin (7) 2 - Meatballs in tomato (6,12) Diced herby potatoes Carrots & onions Greek salad (7) Fresh sliced fruit of the day Selection of yoghurts (7) Seasonal fresh fruit					1 - Tuna & pasta bake (1,3,4) 2 - Turkey ragout & Gravy (12) Diced herby potatoes Roast potatoe Fresh broccoli Coleslaw salad (3,6) Cinnamon rice pudding Seasonal fresh fruit					1 - Cold gazpacho soup (12) 2 - Squid fritters & lemon (1,2,3,4,7,14) Fresh chips Peas & sweetcorn Pasta salad (1,3,4,6) Ice cream (1,7) Seasonal fresh fruit				
Kcal 948,3 Lip 37,3 Prot 30,5 HdC 123					Kcal 928,6 Lip 37,0 Prot 57,7 HdC 91					Kcal 781,1 Lip 29,9 Prot 19,6 HdC 108														
10					11					12					13					14				
1 - Sautéed rice & tomato sauce 2 - Flamenquin (1,3,6,7) Boiled parsley potatoe Sautéed aubergines & leeks Nicoise Salad (10,12) Fresh fruit salad Selection of yoghurts (7) Seasonal fresh fruit					1 - Sautéed quinoa with asparagus & coriander 2 - Fresh sausages & onions with cheesy mashed potatoe (6,7,12) Surimi & French bean salad (1,2,3,4) Fresh orange juice Selection of yoghurts (7) Seasonal fresh fruit					1 - Cream of carrots & croutons (1,12) 2 - Deep fried calamari & lemon (1,3,14) Fresh chips Minted peas & fresh corn on the cob Mixed leaves salad Fresh sliced fruit of the day Selection of yoghurts (7) Seasonal fresh fruit					1 - Macaroni cheese (1,3,7) 2 - Spanish omelet (3,12) Cauliflowet & green beans Russian salad (3,4,6) Biscuit crème caramel (1,3) Seasonal fresh fruit					1 - Cannelloni verdi (1,3,7) 2 - Fish goujons & tartar sauce (4,6,10) Fresh chips Potato & mayo salad (3,6) Ice cream (1,7) Seasonal fresh fruit				
Kcal 948,3 Lip 29,0 Prot 50,1 HdC 122					Kcal 792,1 Lip 29,3 Prot 51,3 HdC 81					Kcal 841,2 Lip 35,1 Prot 22,4 HdC 109					Kcal 933,0 Lip 41,4 Prot 34,7 HdC 105					Kcal 1072,8 Lip 72,0 Prot 24,4 HdC 82				
17					18					19					20					21 - DÍA VEGETARIANO				
1 - Ham & chesse croquettes (1,3,6,7) 2 - Broken eggs & chips (3,12) Sautéed mixed vegetables Capresse Salad (7) Fresh fruit salad Selection of yoghurts (7) Seasonal fresh fruit					1 - Buffalo Wings (1) 2 - Lasagne verdi (1,3,7) Roast potatoe Sweet corn & broccoli Mixed leaves salad Fresh orange juice Selection of yoghurts (7) Seasonal fresh fruit					1 - Cream of pumpkin & croutons (1) 2 - Tex Mex chicken fajitas (1) Fresh chips Carrots & onions Pasta salad (1,3,4,6) Fresh sliced fruit of the day Selection of yoghurts (7) Seasonal fresh fruit					1 - Spaguetis al Pesto (1,3) 2 - Grilled salmon fillet & lemon (4) Roast potatoe Sweetcorn & peas Coleslaw salad (3,6) Banana & caramel cake (1) Seasonal fresh fruit					1 - Mushroom & asparagus risotto (7) 2 - Stuffed aubergine with soy bolognese (6) Herby diced potatoes Peas & sweetcorn sautéed Quinoa & coriander salad Ice cream (1,7) Seasonal fresh fruit				
Kcal 976,7 Lip 60,5 Prot 32,4 HdC 76					Kcal 1282,6 Lip 69,9 Prot 83,2 HdC 80					Kcal 736,3 Lip 20,2 Prot 27,6 HdC 111					Kcal 773,5 Lip 26,4 Prot 22,9 HdC 111					Kcal 1163,5 Lip 45,0 Prot 48,2 HdC 141				
24					25					26					27					28				
1 - Macaroni au gratin (1,3,7) 2 - Grilled sajonian steaks Boiled minted potatoe Stir Fry vegetables House salad (3,4) Fresh fruit salad Selection of yoghurts (7) Seasonal fresh fruit					1 - Pad Thai noodles & crevettes (2) 2 - Cod fillet Riojana style (4) Roast potatoes Vegetables in Tempura (1) Cous-cous salad (1,3) Fresh orange juice Selection of yoghurts (7) Seasonal fresh fruit					1 - Lentils salad Lebanese style 2 - Beef Stroganoff & saffron rice Chick-peas, tricolor peppers & mustard salad (10) Fresh sliced fruit of the day Selection of yoghurts (7) Seasonal fresh fruit					1 - Cold watermelon soup 2 - Chicken Schnitzel (1,3) Roast potatoes Sweetcorn & peas Tabulé salad (1,3,8) Strawberry cheesecake (1,3,7) Seasonal fresh fruit					1 - Spanokopita (1,3,7) 2 - Traditional beef & aubergine mousakka (1,7) Roasted thymed vegetables Greek honey & lemon cake (1,3,7) Seasonal fresh fruit				
Kcal 820,5 Lip 26,4 Prot 22,9 HdC 123					Kcal 883,8 Lip 24,3 Prot 66,4 HdC 100					Kcal 996,4 Lip 37,4 Prot 33,6 HdC 131					Kcal 780,0 Lip 34,7 Prot 27,7 HdC 89					Kcal 1183 Lip 42,9 Prot 41,0 HdC 158				
31																								
1 - Cold cream of melon (7) 2 - Cheese burger & fries (6,7,12) Fresh corn on the cob & minted peas Coleslaw salad (3,6) Fresh fruit salad Selection of yoghurts (7) Seasonal fresh fruit																								
Kcal 811 Lip 30,0 Prot 54,3 HdC 81																								

VERDURAS

PASTA, ARROZ, HUEVOS

PESCADO

CARNE

POSTRES

Energía expresada en Kcal y macronutrientes en gramos (valoración de los platos principales del menú)

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuzes	Moluscos

HASTINGS
SCHOOL

MENU SECONDARY MM8 - MAY 2021

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY																																
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NOT A SCHOOL DAY																																																				
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<p>1 - Cold cream of melon (7) 2 - Cheese burger & fries (6,7,12) Fresh corn on the cob & minted peas Fresh fruit salad Selection of yoghurts (7) Seasonal fresh fruit</p>					<div style="display: flex; flex-direction: column; align-items: center;"> <div style="background-color: #76923c; color: white; padding: 2px 10px; margin-bottom: 2px;">VERDURAS</div> <div style="background-color: #e69d00; color: white; padding: 2px 10px; margin-bottom: 2px;">PASTA, ARROZ, HUEVOS</div> <div style="background-color: #0070c0; color: white; padding: 2px 10px; margin-bottom: 2px;">PESCADO</div> <div style="background-color: #8b4513; color: white; padding: 2px 10px; margin-bottom: 2px;">CARNE</div> <div style="background-color: #4b3621; color: white; padding: 2px 10px;">POSTRES</div> </div>																																															
Kcal 811 Lip 30,0 Prot 54,3 HdC 81					<p style="text-align: right; font-size: 0.8em;">Energía expresada en Kcal y macronutrientes en gramos (valoración de los platos principales del menú)</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center; font-size: 0.7em;"> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>Gluten</td><td>Crustáceos</td><td>Huevos</td><td>Pescado</td><td>Cacahuete</td><td>Soja</td><td>Leche</td><td>Frutos de cáscara</td><td>Apio</td><td>Mostaza</td><td>Sésamo</td><td>Sulfitos</td><td>Altramuzes</td><td>Moluscos</td> </tr> </table>																				1	2	3	4	5	6	7	8	9	10	11	12	13	14	Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuzes	Moluscos
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MENU SECONDARY - Halal menu - MAY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																												
3	4	5	6	7																												
NOT A SCHOOL DAY																																
10	11	12	13	14																												
<p>1 - Sautéed rice & tomato sauce</p> <p>2 - Chicken (*) steak</p> <p>Boiled parsley potatoe</p> <p>Sautéed aubergines & leeks</p> <p>Nicoise Salad (10,12)</p> <p>Fresh fruit salad</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Sautéed quinoa with asparagus & coriander</p> <p>2 - Scrambled eggs with cheesy mashed potatoe (3,7,12)</p> <p>Surimi & French bean salad (1,2,3,4)</p> <p>Fresh orange juice</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Cream of carrots & croutons (1,12)</p> <p>2 - Deep fried calamari & lemon (1,3,14)</p> <p>Fresh chips</p> <p>Minted peas & fresh corn on the cob</p> <p>Mixed leaves salad</p> <p>Fresh sliced fruit of the day</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Macaroni cheese (1,3,7)</p> <p>2 - Spanish omelet (3,12)</p> <p>Cauliflower & green beans</p> <p>Russian salad (3,4,6)</p> <p>Biscuit crème caramel (1,3)</p> <p>Seasonal fresh fruit</p>	<p>1 - Canneloni verdi (1,3,7)</p> <p>2 - Fish goujons & tartar sauce (4,6,10)</p> <p>Fresh chips</p> <p>Potato & mayo salad (3,6)</p> <p>Ice cream (1,7)</p> <p>Seasonal fresh fruit</p>																												
17	18	19	20	21 - DÍA VEGETARIANO																												
<p>1 - Veggie croquettes (1,3,6,7)</p> <p>2 - Broken eggs & chips (3,12)</p> <p>Sautéed mixed vegetables</p> <p>Capresse Salad (7)</p> <p>Fresh fruit salad</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Buffalo Wings (*) (1)</p> <p>2 - Lasagne verdi (1,3,7)</p> <p>Roast potatoe</p> <p>Sweet corn & broccoli</p> <p>Mixed leaves salad</p> <p>Fresh orange juice</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Cream of pumpkin & croutons (1)</p> <p>2 - Tex Mex chicken (*) fajitas (1)</p> <p>Fresh chips</p> <p>Carrots & onions</p> <p>Pasta salad (1,3,4,6)</p> <p>Fresh sliced fruit of the day</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Spaguetis al Pesto (1,3)</p> <p>2 - Grilled salmon fillet & lemon (4)</p> <p>Roast potatoe</p> <p>Sweetcorn & peas</p> <p>Coleslaw salad (3,6)</p> <p>Banana & caramel cake (1)</p> <p>Seasonal fresh fruit</p>	<p>1 - Mushroom & asparagus risotto (7)</p> <p>2 - Stuffed aubergine with soy bolognese (6)</p> <p>Herby diced potatoes</p> <p>Peas & sweetcorn sautéed</p> <p>Quinoa & coriander salad</p> <p>Ice cream (1,7)</p> <p>Seasonal fresh fruit</p>																												
24	25	26	27	28																												
<p>1 - Macaroni au gratin (1,3,7)</p> <p>2 - Chicken (*) steaks</p> <p>Boiled minted potatoe</p> <p>Stir Fry vegetables</p> <p>House salad (3,4)</p> <p>Fresh fruit salad</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Pad Thai noodles & crevettes (2)</p> <p>2 - Cod fillet Rioja style (4)</p> <p>Roast potatoes</p> <p>Vegetables in Tempura (1)</p> <p>Cous-cous salad (1,3)</p> <p>Fresh orange juice</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Lentils salad Lebanese style</p> <p>2 - Beef (*) Stroganoff & saffron rice</p> <p>Chick-peas, tricolor peppers & mustard salad (10)</p> <p>Fresh sliced fruit of the day</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Cold watermelon soup</p> <p>2 - Chicken (*) Schnitzel (1,3)</p> <p>Roast potatoes</p> <p>Sweetcorn & peas</p> <p>Tabulé salad (1,3,8)</p> <p>Strawberry cheesecake (1,3,7)</p> <p>Seasonal fresh fruit</p>	<p>1 - Spanokopita (1,3,7)</p> <p>2 - Traditional beef (*) & aubergine mousakka (1,7)</p> <p>Roasted thymed vegetables</p> <p>Greek honey & lemon cake (1,3,7)</p> <p>Seasonal fresh fruit</p>																												
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<p>1 - Cold cream of melon (7)</p> <p>2 - Cheese burger (*) & fries (6,7,12)</p> <p>Fresh corn on the cob & minted peas</p> <p>Coleslaw salad (3,6)</p> <p>Fresh fruit salad</p> <p>Selection of yoghurts (7)</p> <p>Seasonal fresh fruit</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p style="background-color: #7ed321; padding: 2px 5px;">VERDURAS</p> <p style="background-color: #f1c40f; padding: 2px 5px;">PASTA, ARROZ, HUEVOS</p> <p style="background-color: #3498db; padding: 2px 5px;">PESCADO</p> <p style="background-color: #e74c3c; padding: 2px 5px;">CARNE</p> <p style="background-color: #9b59b6; padding: 2px 5px;">POSTRES</p> </div> <table border="1" style="border-collapse: collapse; text-align: center; font-size: 0.8em;"> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>Gluten</td><td>Crustáceos</td><td>Huevos</td><td>Pescado</td><td>Cacahuete</td><td>Soja</td><td>Leche</td><td>Frutos de cáscara</td><td>Apio</td><td>Mostaza</td><td>Sésamo</td><td>Sulfitos</td><td>Altramuzes</td><td>Moluscos</td> </tr> </table> <div style="text-align: right; margin-top: 10px;"> <p style="font-size: 0.8em;">(*) certificated Halal products</p> </div> </div>				1	2	3	4	5	6	7	8	9	10	11	12	13	14	Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuzes	Moluscos
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MENU SECONDARY - Kosher menu - MAY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																												
3	4	5	6	7																												
NOT A SCHOOL DAY	NOT A SCHOOL DAY	<p>1 - <u>Cauliflower Au gratin</u> (7)</p> <p>2 - <u>Boiled eggs & tomato sauce</u> (3,12)</p> <p>Diced herby potatoes Carrots & onions Greek salad (7)</p> <p>Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Tuna & pasta bake</u> (1,3,4)</p> <p>2 - <u>Turkey ragout & Gravy</u> (12)</p> <p>Roast potatoe Fresh broccoli Coleslaw salad (3,6) Cinnamon rice pudding <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cold gazpacho soup</u> (12)</p> <p>2 - <u>Hake fillets & lemon</u> (1,3,4)</p> <p>Fresh chips Peas & sweetcorn Pasta salad (1,3,4,6) Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
10	11	12	13	14																												
<p>1 - <u>Sautéed rice & tomato sauce</u></p> <p>2 - <u>Chicken steak</u></p> <p>Boiled parsley potatoe Sautéed aubergines & leeks Nicoise Salad (10,12) Fresh fruit salad Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Sautéed quinoa with asparagus & coriander</u></p> <p>2 - <u>Scrambled eggs with cheesy mashed potatoe</u> (3,7,12)</p> <p>Surimi & French bean salad (1,2,3,4)</p> <p>Fresh orange juice Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cream of carrots & croutons</u> (1,12)</p> <p>2 - <u>Stuffed pastries & pisto</u> (1,3)</p> <p>Fresh chips Minted peas & fresh corn on the cob Mixed leaves salad Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Macaroni cheese</u> (1,3,7)</p> <p>2 - <u>Spanish omelet</u> (3,12)</p> <p>Cauliflower & green beans Russian salad (3,4,6) Biscuit crème caramel (1,3) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cannelloni verdi</u> (1,3,7)</p> <p>2 - <u>Fish goujons & tartar sauce</u> (4,6,10)</p> <p>Fresh chips Potato & mayo salad (3,6) Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
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<p>1 - <u>Veggie croquettes</u> (1,3,7)</p> <p>2 - <u>Broken eggs & chips</u> (3,12)</p> <p>Sautéed mixed vegetables Capresse Salad (7) Fresh fruit salad Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Buffalo Wings</u> (1)</p> <p>2 - <u>Lasagne verdi</u> (1,3,7)</p> <p>Roast potatoe Sweet corn & broccoli Mixed leaves salad Fresh orange juice Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cream of pumpkin & croutons</u> (1)</p> <p>2 - <u>Tex Mex chicken fajitas</u> (1)</p> <p>Fresh chips Carrots & onions Pasta salad (1,3,4,6) Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Spaguetis al Pesto</u> (1,3)</p> <p>2 - <u>Grilled salmon fillet & lemon</u> (4)</p> <p>Roast potatoe Sweetcorn & peas Coleslaw salad (3,6) Banana & caramel cake (1) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Mushroom & asparagus risotto</u> (7)</p> <p>2 - <u>Stuffed aubergine with soy bolognese</u> (6)</p> <p>Herby diced potatoes Peas & sweetcorn sautéed Quinoa & coriander salad Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
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MENU SECONDARY - Vegetarian menu - MAY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																												
3	4	5	6	7																												
NOT A SCHOOL DAY	NOT A SCHOOL DAY	<p>1 - <u>Cauliflower Au gratin</u> (7)</p> <p>2 - <u>Boiled eggs & tomato sauce</u> (3)</p> <p>Diced herby potatoes Carrots & onions Greek salad (7)</p> <p>Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - Pasta bake (1,3)</p> <p>2 - <u>Seitan burger & Gravy</u> (1,6,10,12)</p> <p>Roast potatoe Fresh broccoli Coleslaw salad (3,6) Cinnamon rice pudding <u>Seasonal fresh fruit</u></p>	<p>1 - Cold gazpacho soup (12)</p> <p>2 - <u>Lentils & tofu soup</u> (6)</p> <p>Fresh chips Peas & sweetcorn Pasta salad (1,3,4,6) Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
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<p>1 - <u>Sautéed rice & tomato sauce</u></p> <p>2 - <u>Croquetas vegetales</u> (1,3,6,7)</p> <p>Boiled parsley potatoe Sautéed aubergines & leeks Nicoise Salad (10,12) Fresh fruit salad Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Sautéed quinoa with asparagus & coriander</u></p> <p>2 - <u>Veggie sausages & onions with cheesy mashed potatoe</u> (6,12)</p> <p>Surimi & French bean salad (1,2,3,4)</p> <p>Fresh orange juice Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cream of carrots & croutons</u> (1,12)</p> <p>2 - <u>Stuffed pastries & pisto</u> (1,3)</p> <p>Fresh chips Minted peas & fresh corn on the cob Mixed leaves salad Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Macaroni cheese</u> (1,3,7)</p> <p>2 - <u>Spanish omelet</u> (3,12)</p> <p>Cauliflower & green beans Russian salad (3,4,6) Biscuit crème caramel (1,3) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cannelloni verdi</u> (1,3,7)</p> <p>2 - <u>Seitan & tartar sauce</u> (1,6,10)</p> <p>Fresh chips Potato & mayo salad (3,6)</p> <p>Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
17	18	19	20	21 - DÍA VEGETARIANO																												
<p>1 - <u>Ham & cheese croquettes</u> (1,3,6,7)</p> <p>2 - <u>Broken eggs & chips</u> (3,12)</p> <p>Sautéed mixed vegetables Capresse Salad (7) Fresh fruit salad Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Seitan burger & garlic</u> (1,6,10)</p> <p>2 - <u>Lasagne verdi</u> (1,3,7)</p> <p>Roast potatoe Sweet corn & broccoli Mixed leaves salad Fresh orange juice Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Cream of pumpkin & croutons</u> (1)</p> <p>2 - <u>Tex Mex tofu fajitas</u> (1,6)</p> <p>Fresh chips Carrots & onions Pasta salad (1,3,4,6) Fresh sliced fruit of the day Selection of yoghurts (7) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Spaguetis al Pesto</u> (1,3)</p> <p>2 - <u>Revuelto de calabacín</u> (3)</p> <p>Roast potatoe Sweetcorn & peas Coleslaw salad (3,6) Banana & caramel cake (1) <u>Seasonal fresh fruit</u></p>	<p>1 - <u>Mushroom & asparagus risotto</u> (7)</p> <p>2 - <u>Stuffed aubergine with soy bolognese</u> (6)</p> <p>Herby diced potatoes Peas & sweetcorn sautéed Quinoa & coriander salad Ice cream (1,7) <u>Seasonal fresh fruit</u></p>																												
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