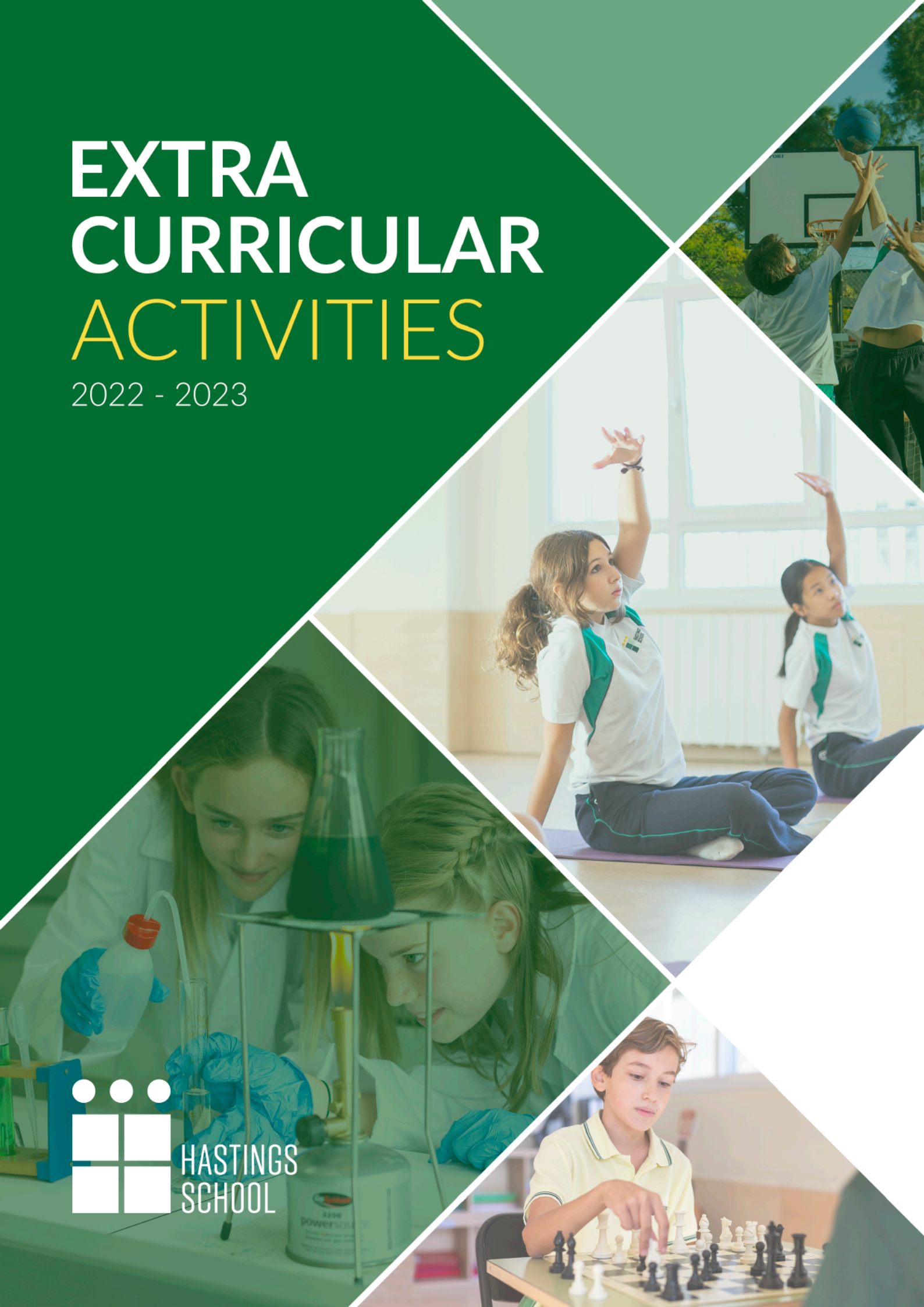


# EXTRA CURRICULAR ACTIVITIES

2022 - 2023



HASTINGS  
SCHOOL



Our Extra-curricular activities programme offers a wide variety of options for our pupils to continue learning after school.

Activities are carefully planned to encourage self-improvement, team spirit, fair play, creativity and imagination.

Extra-curricular activities allow pupils to come into contact with children from other classes, to make new friends and to develop new relationships and strengthen the ones they already have in a different and fun context.

## INDEX

<b>HASTINGS SPORTS CLUBS</b>	Basketball Football Volleyball Tag Rugby Mini-Tennis Skating/Skateboarding	Karate Hockey Running Club Multi Sport Fitness Club Selfdefense	Table Tennis Modern Dance: Jazz & Commercial Ballet Yoga
<b>HASTINGS ARTISTIC CLUBS</b>	Drama Chess Art Club Mini Chef Robotics Science Club	Tiny Arquitects	
<b>HASTINGS LANGUAGE CLUBS</b>	Freqn Club German Club Chinese Club		
<b>HASTINGS MUSICAL CLUBS</b>	Music and Movement Rock Band Didact Music (musical instruments + musical language)		



# HASTINGS SPORTS CLUBS

EXTRA-CURRICULAR ACTIVITIES 2022-2023





# HASTINGS SPORTS CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### BASKETBALL

Basketball is one of the most popular sports worldwide. It promotes the physical and personal development of children and teaches them values such as companionship, teamwork and solidarity. The pupils will practice their technique through different exercises and competitive games. They will strengthen their motor development, their creativity and their capacity for logic during the game.

Bendición de Campos & Azulinas	Y2 to Y6	Wednesday	16:15 - 17:15
Sobradriel	Y2 to Y4	Monday	16:15 - 17:15
	Y3 to Y6	Friday	16:15 - 17:15
	Y7 Alevin	Tuesday or Tuesday & Friday*	16:15 - 17:15
Lorenzo Solano Tendero	Y8 & Y9 Infantil	Monday or Monday & Friday*	16:30 - 17:30
	Y10 & Y11 Cadete	Tuesday or Tuesday & Wednesday*	16:30 - 17:30

\*Option 1: 1 day training

\*Option 2: 2 days training

\*Option 3: 2 days training + match



### FOOTBALL

Football is the star sport, bringing innumerable benefits to the children and adolescents who play it. It stimulates physical and cognitive development and promotes values such as teamwork and companionship. The pupils will practice their technique through different exercises and competitive matches. They will enhance their motor development, their creativity and their capacity for logic during the game.

Bendición de Campos	Y1 to Y4	Tuesday	16:15 - 17:15
Azulinas	Y5 & Y6	Monday	16:15 - 17:15
Sobradriel	Y3 to Y6	Wednesday	16:15 - 17:15
	Y1 to Y2	Thursday	16:15 - 17:15
Lorenzo Solano Tendero	Y8 & Y9	Monday	16:30 - 17:30



### VOLLEYBALL

Volleyball is a versatile team sport that promotes physical and personal development, education and teamwork. With this sport we want to familiarise children with volleyball by teaching them the rules of the game, ball handling, basic movements and game tactics.

Bendición de Campos y Azulinas	Y3 to Y6	Wednesday	16:15 - 17:15
Sobradriel	Y3 to Y6	Tuesday	16:15 - 17:15
Lorenzo Solano Tendero	Y8 & Y9	Wednesday	16:30 - 17:30
	Y10 & Y11	Thursday	16:30 - 17:30



### TAG RUGBY

Rugby is a contact sport that instils values such as respect and companionship. Students will learn the rules of rugby, ball handling, specific movements and tactics and strategies of the game. The practice of this sport helps pupils to develop their motor skills, endurance, speed and coordination. It also instils values such as friendship, companionship and cooperation.

Bendición de Campos y Azulinas	Y3 to Y6	Thursday	16:15 - 17:15
Sobradriel	Y3 to Y6	Tuesday	16:15 - 17:15





# HASTINGS SPORTS CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### MINI-TENNIS

Mini-tennis is a very attractive and beneficial racket sport for the pupils as they develop a great physical activity. Thanks to the practice of this sport, students will develop physical and psychomotor skills such as: sharp eyesight, agility, speed, endurance, coordination and balance.

Azulinas	Y5 & Y6	Friday	16:15 - 17:15
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### SKATING/SKATEBOARDING

Skateboarding is a sport that never goes out of fashion. This sport helps to develop balance and maintain body harmony through its movements and exercises. Students will learn to skate and perfect their technique through dynamics, circuits and games where they practice progress techniques, turns,

Bendición de Campos	Y1 to Y4	Monday	16:15 - 17:15
Azulinas	Y5 & Y6	Tuesday	16:15 - 17:15
Lorenzo Solano Tendero	Y7 to Y10	Thursday	16:30 - 17:30



### KARATE

Karate is a very complete sport that favours the physical and personal development of the students. This sport works on self-defence through a martial art, with games and exercises adapted to each age group. With this activity, the students will learn the basic techniques, developing the motor skills necessary for its practice and will learn respect for the sport, the teacher and their classmates.

Paseo de la Habana	Nursery & Reception	Thursday	16:15 - 17:15
Bendición de Campos	Y1 to Y4	Wednesday	16:15 - 17:15
Azulinas	Y5 & Y6	Tuesday	16:15 - 17:15
Sobradriel	Nursery, Reception & Y1	Thursday	16:15 - 17:15
	Y2 to Y4	Monday	16:15 - 17:15
Lorenzo Solano Tendero	Y7 to Y9	Wednesday	16:30 - 17:30



### YOGA

Yoga improves the health of those who practice it and brings many physical, mental and emotional benefits. With this activity we want to help students to relax. Through the practice of yoga, our body releases accumulated tensions and reaches a great state of relaxation that influences our central nervous and respiratory system.

Lorenzo Solano Tendero	Y7 to Y10	Wednesday	16:30 - 17:30
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# HASTINGS SPORTS CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### HOCKEY

Hockey is a collective sport that works both the upper and lower body, favouring the child's coordination and psychomotor skills. The practice of this sport allows them to acquire great endurance and physical performance. With this sport the pupils will learn the rules of hockey, the handling of the stick, basic movements, and the tactics of the game.

Bendición de Campos	Y2 to Y4	Thursday	16:15 - 17:15
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### RUNNING CLUB

Running in a group, a great motivation. The practice of this sport brings both physical benefits (physical endurance, speed and strength development) and psychological benefits and helps to improve self-confidence and self-control. Students will enjoy this activity in the Canal Park which is located a short distance from our campuses, Bendición de Campos and Azulinas.

Bendición de Campos y Azulinas	Y3 to Y6	Friday	16:15 - 17:15
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### MULTI SPORT

In this extracurricular activity we will work on different sports at an early age, creating an interest in physical activity in the pupils and orienting them to the different types of sports that exist. Students will develop their motor skills, social relations, cohesion and group work.

Paseo de la Habana	Nursery	Monday	16:15 - 17:15
	Reception	Tuesday	16:15 - 17:15
Sobradriel	Nursery	Monday	16:15 - 17:15
	Reception & Y1	Tuesday	16:15 - 17:15
Azulinas	Y5 & Y6	Wednesday	16:15 - 17:15



### FITNESS CLUB

Fitness will involve a variety of training methods including Circuit, Continuous and Interval Training. There will be elements of Fit Boxing, Toning, Fitness Bands for resistance training, Fitness Testing, Fitness Challenges and much more! Students will help shape the programme based on their interests! The aim of the sessions is to provide the many benefits of physical training, to improve fitness over time and also to promote positive, mental health and well-being.

Lorenzo Solano Tendero	Y8 & Y10	Tuesday	16:30 - 17:30
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# HASTINGS SPORTS CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### TABLE TENNIS

An intense game of table tennis stimulates mental alertness and concentration, improving reflexes. Due to the fast-paced, short-distance nature of the sport, both gross and fine muscle movements are improved. It's easy on the joints.

Manuel Maraño 8 Y11 to Y13 Wednesday 16:30 - 17:30



### MODERN DANCE: JAZZ & COMMERCIAL

This activity is done together with Rosa Llauro from DanceesCool. A dance school with more than 10 years of experience and more than 1500 students.

Jazz is a discipline that takes steps and figures from ballet, disco, breakdance, funky, hip-hop, blues, rap, twist, swing, rock&roll. On the other hand, the Commercial style is the result of the introduction and adaptation of urban culture in the pop music industry.

At the end of the course, a Festival will be organised: a unique opportunity to participate in a large-scale show for family and friends. It takes place in one of the city's theatres that host great musicals; providing them with large stage sets, lighting, professional sound and a specific theme as a common thread.

Bendición de Campos	Y1 & Y2	Tuesday	16:15 - 17:15
	Y3 & Y4	Thursday	16:15 - 17:15
Azulinas	Y5 & Y6	Monday	16:15 - 17:15
Sobradriel	Y1 to Y3	Tuesday	16:15 - 17:15
	Y4 to Y6	Thursday	16:15 - 17:15
Lorenzo Solano Tendero	Y7 to Y9	Monday	16:30 - 17:30
Manuel Maraño 8	Y10 to Y13	Thursday	16:30 - 17:30



### BALLET

Ballet is a type of classical dance based on a set of movements performed to the rhythm of music with the aim of telling a story. This activity, as well as introducing students to the world of music, rhythm, coordination and movement, provides a multitude of physical and mental benefits. Susana Cortes will be the ballet teacher.

Paseo de la Habana	Nursery & Reception	Wednesday	16:15 - 17:15
Bendición de Campos	Y1 to Y4	Monday	16:15 - 17:15
Sobradriel	Nursery, Reception & Y1	wednesday	16:15 - 17:15
	Y2 to Y4	Friday	16:15 - 17:15



### SELFDEFENSE

Self-defence is a set of techniques and skills with which we will improve our physical and mental skills in order to repel possible aggressions.

Apart from the obvious, self-defence improves coordination and works on physical, tactical and mental aspects, making it an ideal way to keep fit, feel safe and learn how to defend ourselves.

Lorenzo Solano Tendero Y8 to Y10 Friday 16:30 - 17:30  
Manuel Maraño 8 Y11 to Y13 Thursday 16:30 - 17:30





HASTINGS  
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# HASTINGS ARTISTIC CLUBS

ACTIVIDADES EXTRAESCOLARES 2022-2023





# HASTINGS ARTISTIC CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### DRAMA

Drama is one of the extracurricular activities aimed at introducing children to the world of acting. In drama classes pupils will have fun acting and making up stories with their classmates. Theatre has many benefits for children: it develops corporal and verbal expression, stimulates their mental agility and memory, increases their self-esteem, they learn to respect and work in a group, know and control their emotions and it helps them to develop and express themselves in public.

Bendición de Campos & Azulinas	Y4 to Y6	Wednesday	16:15 - 17:15
Sobradriel	Y4 to Y6	Wednesday	16:15 - 17:15
Lorenzo Solano Tendero	Y7 to Y9	Tuesday	16:30 - 17:30



### CHESS

Chess is a mental sport that favours concentration, reasoning, memory, problem solving and coordination. This mental game helps children to take initiative, develop logical-mathematical thinking, adapt to multiple and unexpected situations and make quicker and more accurate decisions under pressure. In these classes the student will be taught the main moves and rules of the game, and will learn to solve different strategic chess games.

Bendición de Campos	Y3 & Y4	Tuesday	16:15 - 17:15
	Y1 & Y2	Thursday	16:15 - 17:15
Azulinas	Y4 & Y5	Monday	16:15 - 17:15
Sobradriel	Y1 to Y3	Monday	16:15 - 17:15
	Y4 to Y6	Wednesday	16:15 - 17:15
Lorenzo Solano Tendero	Y7 to Y10	Thursday	16:30 - 17:30



### ART CLUB

The craft activity is part of the integral evolutionary process of people. For this reason, in this extracurricular activity we want the students to enjoy different activities of manual manipulation with different types of materials, creative games and plastic workshops. The aim of the activity is for pupils to experience different artistic styles throughout the year.

Paseo de la Habana	Nursery & Reception	Thursday	16:15 - 17:15
Sobradriel	Nursery, Reception & Y1	Tuesday	16:15 - 17:15



### MINI CHEF

In Mini Chef the children will have a great time and will learn every day new and fun recipes adapted to the children's tastes. Cooking not only teaches them important values necessary for their psychological development such as responsibility and the value of collaborating in household chores, but also the properties of food and the importance of a healthy and balanced diet.

Bendición de Campos	Y1 & Y4	Tuesday	16:15 - 17:15
Paseo de la Habana	Reception	Monday	16:15 - 17:15
	Nursery	Wednesday	16:15 - 17:15
Sobradriel	Reception & Y1	Wednesday	16:15 - 17:15
	Nursery	Thursday	16:15 - 17:15



# HASTINGS ARTISTIC CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### ROBOTICS

For all those who like to play with Legos, discover how to go further in the use of new technologies, in this workshop you will be able to build an impressive robot to bring to life and make it produce sound and movements.

Our project is based on the union of two educational blocks that are currently working in the training of students all over the world. On the one hand, products developed by LEGO Education (WeDo, WeDo 2.0 Bluetooth and Mindstorms EV3) for the construction of robots, and on the other two softwares that have earned a niche in programming worldwide, for the development of small 2D and 3D video games: KODU and SCRATCH.

For this club, each student will have a WeDo kit at their disposal, with which they will be able to make some amazing robots. Robotics in Action will be teaching this activity.

Bendición de Campos	Y1 & Y2	Monday	16:15 - 17:15
	Y3 & Y4	Wednesday	16:15 - 17:15
Sobradíel	Y1 to Y3	Monday	16:15 - 17:15



### SCIENCE CLUB

In the Science Club students will discover a world full of opportunities that will enhance their skills. We will use a method that will push students, developing their cognitive abilities, being more resolute and independent through fun games and daily challenges. We will encourage fellowship and teamwork, accelerate your skills and discover what you are capable of!

Bendición de Campos	Y1 to Y4	Tuesday	16:15 - 17:15
Azulinas	Y5 & Y6	Tuesday	16:15 - 17:15
Sobradíel	Y4 to Y6	Thursday	16:15 - 17:15



### TINY ARCHITECTS

To learn about unique buildings and architects, to draw plans as architects, to discover new typologies, to experiment with new materials, to acquire more knowledge about our architects, about our environment to be more aware of our impact on building more sustainable cities. DRAW, BUILD AND LEARN BY PLAYING through fun and creative workshops with drawings and model building, led by Paula Ábalos, architect.

Bendición de Campos	Y3 & Y4	Monday	16:15 - 17:15
Azulinas	Y4 to Y6	Monday	16:15 - 17:15
Sobradíel	Y3 to Y6	Friday	16:15 - 17:15



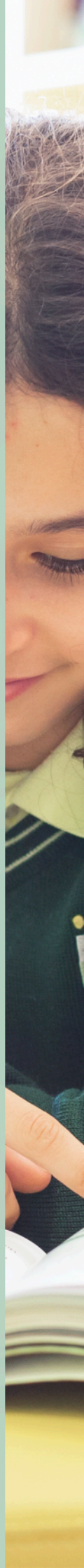




HASTINGS  
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# HASTINGS LANGUAGE CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023



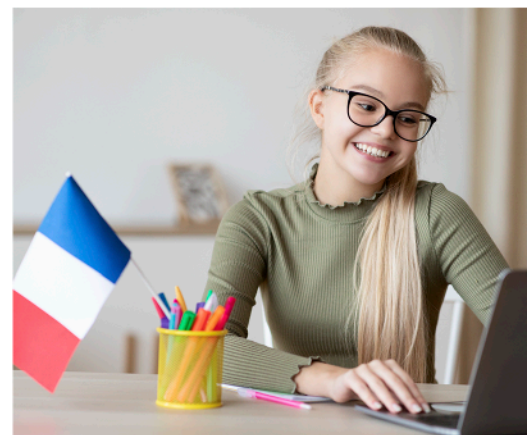
# HASTINGS LANGUAGE CLUBS

EXTRA-CURRICULAR ACTIVITIES 2022-2023

## FRENCH CLUB

With more than 200 million speakers, French not only opens doors to the world of work, but it also opens doors to culture. It is the international language of cuisine, dance, art and theatre. It is also one of the languages that requires the fewest hours of learning, as it shares knowledge with Spanish in being a Latin language, but also with English, being the basis of 50% of current Anglo-Saxon vocabulary.

Bendición de Campos	Y3 & Y4	Tuesday	16:15 - 17:15
	Y1 & Y2	Thursday	16:15 - 17:15
Azulinas	Y5 & Y6	Thursday	16:15 - 17:15
Sobradíel	Y1 to Y3	Monday	16:15 - 17:15
	Y4 to Y6	Wednesday	16:15 - 17:15
Lorenzo Solando Tendero	Y9 to Y10	Wednesday	16:30 - 17:30
	Y7 & Y8	Monday	16:30 - 17:30
Manuel Maraño 8	Y11 to Y13	Tuesday	16:30 - 17:30



## GERMAN CLUB

In primary school pupils learn simple vocabulary and phrases in the early years and later we introduce more complex language but most importantly, they learn to feel comfortable listening to their teacher and following instructions in a spontaneous way. They learn songs and games in German.

In secondary school, pupils have the opportunity to communicate with their classmates and teachers in German in small groups. Our job is to activate the language through communicative games and activities based on stimulating themes.

Bendición de Campos	Y3 & Y4	Monday	16:15 - 17:15
	Y1 & Y2	Wednesday	16:15 - 17:15
Azulinas	Y5 & Y6	Tuesday	16:15 - 17:15
Sobradíel	Y1 to Y3	Tuesday	16:15 - 17:15
	Y4 to Y6	Thursday	16:15 - 17:15
Lorenzo Solando Tendero	Y7 to Y9	Thursday	16:30 - 17:30
	Y7 & Y8	Tuesday	16:30 - 17:30
Manuel Maraño 8	Y11 to Y13	Monday	16:30 - 17:30



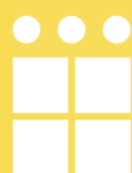
## CHINESE CLUB

The main objective of the course is to familiarise students with Chinese and to awaken their interest in the new language. As at this stage the students have their first contact with Chinese, the emphasis is on practising the pronunciation of the sounds and learning the basic vocabulary of daily life such as greetings, goodbyes, colours, numbers, family, animals, shapes, clothes, birthday, class, home, etc.

Bendición de Campos	Y3 & Y4	Friday	16:15 - 17:15
Azulinas	Y5 & Y6	Wednesday	16:15 - 17:15
Lorenzo Solano Tendero	Y9 & Y10	Tuesday	16:30 - 17:30
	Y7 & Y8	Thursday	16:30 - 17:30
Manuel Maraño 8	Y11 to Y13	Wednesday	16:30 - 17:30







HASTINGS  
SCHOOL

# HASTINGS MUSICAL CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

# HASTINGS MUSICAL CLUBS

## EXTRA-CURRICULAR ACTIVITIES 2022-2023

### MUSIC AND MOVEMENT

Music and Movement is the ideal extracurricular activity for children to begin to develop the gross motor skills of the body using music.

With this extracurricular activity we want to bring music closer to children and make them grow through it. The pupils will have a great time learning songs, singing and dancing to the rhythm of the music. They will use their bodies as a form of expression, and they will learn to know and distinguish basic musical instruments.

Paseo de la Habana  
Sobradriel

Nursery & Reception  
Nursery & Reception

Tuesday  
Monday

16:15 - 17:15  
16:15 - 17:15



### ROCK BAND

The best way to learn music is by learning a musical instrument. This extracurricular activity, in addition to helping students understand aspects such as musical language or harmony, will also enhance their creativity. Thanks to learning an instrument, students will acquire a high level of discipline that will help them in all aspects of their lives.

Lorenzo Solano Tendero

Y7 to Y10

Monday

16:30 - 17:30



### DIDACT MUSIC (MUSICAL INSTRUMENTS + MUSICAL LANGUAGE)

Students between Y1 and Y13 will have the opportunity to play a musical instrument, learn musical language or be part of a musical group. You will be able to choose the instrument you would like to play (violin, piano, viola, violonchello, guitar,...)

Bendición de Campos  
Azulinas  
Sobradriel  
Lorenzo Solano Tendero  
Manuel Maraño 8

Y1 to Y4  
Y5 & Y6  
Y1 to Y6  
Y7 to Y10  
Y11 to Y13

Monday to Friday  
Monday to Friday  
Monday to Friday  
Monday to Friday  
Monday to Friday







# EXTRA CURRICULAR ACTIVITIES PLANNING

## EXTRA-CURRICULAR ACTIVITIES PLANNING

Paseo de la Habana - 16:15 to 17:15

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Multi-Sports</b> Daniel Delgado Nursery	<b>Multi-Sports</b> Daniel Delgado Reception	<b>Ballet</b> Nursery & Reception	<b>Karate</b> Nursery & Reception	
<b>Mini Chef</b> Reception	<b>Music &amp; Movements</b> Nursery & Reception	<b>Mini Chef</b> Nursery	<b>Art Club</b> Nursery & Reception	



## EXTRA-CURRICULAR ACTIVITIES PLANNING

Bendición de Campos - 16:15 to 17:15

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tiny Architects</b> Y3 & Y4	<b>Modern Dance: Jazz &amp; Commercial</b> Dancescool Y1 & Y2	<b>Karate</b> Y1 to Y4	<b>Hockey</b> Y2 & Y3	<b>Chinese Club</b> Y3 & Y4
<b>Skating</b> Y1 to Y4	<b>Football</b> Mr Jones Y1 to Y4	<b>Volleybal</b> Y3 to Y6 (BDC+AZU)	<b>Modern Dance: Jazz &amp; Commercial</b> Dancescool Y3 & Y4	<b>Running Club</b> Y3 to Y6
<b>Ballet</b> Y1 to Y4	<b>French Club</b> Y3 & Y4	<b>Drama</b> Ms Oxberry Y4 to Y6	<b>Tag Rugby</b> Y3 to Y6 (BDC + AZU)	
<b>Robotics</b> Y1 & Y2	<b>Chess</b> Y3 & Y4	<b>Robotics</b> Y3 & Y4	<b>French Club</b> Y1 & Y2	
<b>German Club</b> Y3 & Y4	<b>Science Club</b> Y1 to Y4	<b>German Club</b> Y1 & Y2	<b>Chess</b> Y1 & Y2	
	<b>Mini Chef</b> Y1 & Y4	<b>Basketball School</b> Mr Jones Y2 to Y6 (BDC+AZU)		
<b>Didact Music (musical instruments + musical language)</b> Y1 to Y4				

## EXTRA-CURRICULAR ACTIVITIES PLANNING

Azulinas - 16:15 to 17:15

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Football</b> Mr Jones Y5 & Y6	<b>Skating</b> Y5 & Y6	<b>Volleyball</b> Y3 to Y6 (BDC+AZU)	<b>Tag Rugby</b> Y3 to Y6 (BDC+AZU)	<b>Mini-tennis</b> Y5 & Y6
<b>Modern Dance: Jazz &amp; Commercial</b> Dancescool Y5 & Y6	<b>Karate</b> Y5 & Y6	<b>Basketball School</b> Mr Jones Y2 to Y6 (BDC+AZU)	<b>French Club</b> Y5 & Y6	<b>Running Club</b> Y3 to Y6
<b>Chess</b> Y5 & Y6	<b>Science Club</b> Y5 & Y6	<b>Drama</b> Ms Oxberry Y4 & Y6		
<b>Tiny Architects</b> Y4 to Y6	<b>German Club</b> Y5 & Y6	<b>Chinese Club</b> Y5 & Y6		
		<b>Multi-Sports</b> Daniel Delgado Y5 to Y6		
<b>Didact Music (musical instruments + musical language)</b> Y5 & Y6				



## EXTRA-CURRICULAR ACTIVITIES PLANNING

Sobradriel - 16:15 to 17:15

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Multi-Sports</b> Nursery	<b>Multi-Sports</b> Reception & Y1	<b>Ballet</b> Nursery, Reception & Y1	<b>Karate</b> Nursery, Reception & Y1	
<b>Music &amp; Movement</b> Nursery & Reception	<b>Art Club</b> Nursery, Reception & Y1	<b>Mini Chef</b> Reception & Y1	<b>Mini Chef</b> Nursery	
<b>Karate</b> Y2 to Y4	<b>Modern Dance: Jazz &amp; Commercial</b> Y1 to Y3	<b>Football</b> Y3 to Y6	<b>Football</b> Y1 & Y2	<b>Ballet</b> Y2 to Y4
<b>Basketball</b> Y2 to Y4	<b>Tag Rugby</b> Y3 to Y6	<b>Drama</b> Ms Luke Y3 to Y6	<b>Modern Dance: Jazz &amp; Commercial</b> Y3 to Y6	<b>Tiny Architects</b> Y3 to Y6
<b>Chess</b> Y1 to Y3	<b>German Club</b> Y1 to Y3	<b>Robotics</b> Y2 & Y3	<b>German Club</b> Y4 to Y6	<b>Basketball</b> Mr Jones Y3 to Y6
<b>Robotics</b> Y1 to Y3	<b>Volleyball</b> Y3 to Y6	<b>French Club</b> Y1 to Y3	<b>Science Club</b> Y4 to Y6	
<b>French Club</b> Y1 to Y3		<b>Chess</b> Y4 to Y6		
<b>Didact Music (musical instruments + musical language)</b> Y1 to Y6				

## EXTRA-CURRICULAR ACTIVITIES PLANNING

Lorenzo Solano Tendero & Manuel Marañón 8 - 16:30 to 17:30

Monday	Tuesday	Wednesday	Thursday	Friday
<b>French Club</b> Y7 + Y8	<b>Baskeball Alevín</b> Y7	<b>Baskeball Cadete</b> Y10 + Y11	<b>Chess</b> Y7 to Y10	<b>Baskeball Alevín</b> Y7
<b>Baskeball infantil</b> Y8 + Y9	<b>Drama</b> Ms Miller Y7 to Y9	<b>Volleyball</b> Y8 + Y9	<b>Skating</b> Y7 a Y10	<b>Baskeball Infantil</b> Y8 + Y9
<b>Jazz Comercial</b> <b>Dancescool</b> Y7 to Y9	<b>Fitness Club</b> Y8 to Y10	<b>Yoga</b> Y7 to Y10	<b>Baskeball Cadete</b> Y10 + Y11	<b>Self Defense</b> Y8 to Y10
<b>Rock Band</b> Y7 to Y10	<b>Baskeball Cadete</b> Y10 & Y11	<b>Karate</b> Y7 to Y9	<b>Jazz Comercial (MM8)</b> <b>Dancescool</b> Y10 to Y13	
<b>Football</b> Y8 + Y9	<b>German Club</b> Y7 + Y8	<b>Table Tennis (MM8)</b> Y11 to Y13	<b>Self Defense (MM8)</b> Y11 to Y13	
<b>Table Tennis</b> Y7 to Y9	<b>Chinese Club</b> Y9 + Y10	<b>French Club</b> Y9 + Y10	<b>Chinese Club</b> Y7 + Y8	
<b>German Club (MM8)</b> Y11 to Y13	<b>French Club (MM8)</b> Y11 to Y13	<b>Chinese Club (MM8)</b> Y11 to Y13	<b>German Club</b> Y7 to Y9	
<b>LAMDA</b> Y7 to Y10				
<b>LAMDA PUBLIC SPEAKING</b> Y11 & Y12				
<b>Didact Music (musical instruments + musical language)</b> Y7 to Y10				



## SECONDARY STUDENTS SPORT COLLABORATIONS



### **FUNDACION REAL MADRID**

Polideportivo Luis Aragones. Calle El provencio, 20. 28043. Madrid  
Contact: [eagulla.fundacion@ext.realmadrid.es](mailto:eagulla.fundacion@ext.realmadrid.es)  
Website: [www.realmadrid.com/fundacion](http://www.realmadrid.com/fundacion)



### **AGRUPACION DEPORTIVA ESPERANZA**

C/Andorra 28-32. 28043. Madrid  
Contact: 91 765 26 15. Email: [club@adesperanza.org](mailto:club@adesperanza.org)  
Website: [adesperanza.org/](http://adesperanza.org/)



### **CLUB DE RUGBY LICEO FRANCÉS**

Av. de los Madroños, 38, puerta 7, 28043 Madrid  
Contact: 913 88 36 63  
Website: <http://liceo.com/>



### **CLUB DE NATACIÓN JIMÉNEZ**

Avda de los Madroños nº23. Parque Conde de Orgaz. 28043 Madrid  
Contact: 913000258  
Website: <http://www.clubnatacionjimenez.com>



### **SELF DEFENSE OKAMI**

C/ Sector descubridores, Tres Cantos (Private lessons available)  
Contact: [edgar.okami@gmail.com](mailto:edgar.okami@gmail.com)  
Website: <https://okami-martial-arts-1.ueniweb.com/>

## FAQ

**What is the deadline for registering for an extracurricular activity?** As places are limited, we suggest that you register as soon as possible using the online form on our website or from the communications you receive through Cognita Connect.

**Is it possible to register my child for one month instead of a full term?** For organisational reasons, after-school activities are offered on a termly basis. If you wish to register your child after the term has started, we will charge for the rest of the term.

**Why does a long term (15 weeks) cost the same as a short term (9 weeks)?** The price is based on an annual calculation which is invoiced in three equal quarterly instalments.

**How is payment handled?** The invoice for extracurricular activities will be issued quarterly (October, January and April), at the beginning of each term, according to the conditions agreed with the school. Taking into account that we have not included the month of September in the price because that is when the students try the activities.

**What is the price per term for extra-curricular activities?**

The price is 149€ termly.

Tiny Architects activity 50€/month

Lamda 30€/session

Lamda Public Speaking 50€/month

Didact Music (Instrument 75€/month, Instrument + Musical Language 95€/month, Musical Grouping 60€/month)

**What is the price for sports with two sessions a week "e.g. Basketball"?** The price per term will be 300€. This includes two sessions per week of one hour each day, plus the game on Saturdays. Students on the competitive teams will have to purchase the corresponding equipment.

**Is there a cancellation policy?** For organisational reasons, refunds are not possible except for justified medical reasons. However, if your child wishes to change activities within the same term, this will be possible, provided there is a place available.

**Are all extracurricular activities in English?** All extracurricular activities are taught in English. As we offer activities that are taught by other organisations, on some occasions, in situations of teacher substitution due to medical or personal reasons, it is possible that the teachers may not have a high level of English.

**Do all extracurricular activities take place inside the buildings?** Most of the activities in our programme take place inside the corresponding building, but some sports activities take place in the sports facilities we have, Bendición de Campos and Azulinas use Colegio Mayor and Lorenzo Solano Tendero and Manuel Marañón 8 uses the sports courts.

**Do students have to bring any specific equipment or material?** For sports activities, pupils should bring the school's Physical Education equipment. For the rest of the activities, the school will provide students with the necessary equipment.

**Do we federate students (karate)?** For those clubs in which we can federate students, families will have the option, paying the corresponding fee.

**What is the daily procedure?** At the end of the school day, the class teacher will accompany the pupils to the classroom/space where the monitors/teachers of the extracurricular activities will take them to their activity.

**What are the opening hours for after-school activities?** As a general rule, after-school activities take place between 16:15 and 17:15 (Paseo de la Habana, Bendición de Campos, Azulinas and Sobradíel) and between 16:30 and 17:30 (Lorenzo Solano Tendero and Manuel Marañón 8). Check the timetable for each activity in the table.

**Where will we pick up our children at the end of the activities?** Parents/guardians must pick up their children at 17.15 at the latest (Paseo de la Habana, Bendición de Campos, Azulinas and Sobradíel) and at 17:30 (Lorenzo Solano Tendero and Manuel Marañón 8) at the entrance of the corresponding building.

**What is the latest time to pick up my child?** The school closes from Monday to Friday at 17.30. The time to collect the students for early years and primary will be at 17:15 and for secondary at 17:30.

**Will there be activities in secondary school at midday?** Yes, these activities will be free of charge for those students who have contracted the canteen service and as they depend on the timetables of our teachers, we will send more information in September.

## CONDITIONS

- The school guarantees the quality of all activities provided by external collaborators.
- For organisational reasons, extra-curricular activities are offered on a termly basis.
- The price is based on an annual calculation which is invoiced in three equal quarterly instalments.
- The invoice for extracurricular activities will be issued quarterly, at the beginning of each term, in accordance with the conditions agreed with the school.
- It is not possible to offer discounts for siblings for extracurricular activities.
- For organisational reasons, refunds are not possible. However, if your child wishes to change activity within the same term, this will be possible, provided there is a place available.
- To go ahead with an activity, there must be a minimum of 8/10 students enrolled.
- Covid 19: Some extra-curricular activities may be offered online if necessary. In scenarios such as school closure, quarantine of groups or restrictions by authorities such as reduced group ratios or temporary cancellation of face-to-face, activities will continue online where possible. Any activity that cannot continue online will have fees refunded to families. Refunds will only be offered for activities that cannot be carried out online.





# EXTRA-CURRICULAR ACTIVITIES

2022-2023

**Early Years**  
Paseo de la Habana, 204

**Primary**  
Azulinas, 8

**Primary**  
Bendición de Campos, 5

**Early Years & Primary**  
Ronda de Sobradiel, 31 - 33

**Secondary**  
Manuel Mañarón, 8

**Secondary**  
Lorenzo Solano Tendero, 11