



Secondary menu - June 2026

Energy expressed in kcal and macronutrients in grams (assessment of main dishes on the menu). Use of organically produced legumes.
Water as the sole beverage on the menu

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramucos	Moluscos

LUNES					MARTES					MIÉRCOLES					JUEVES					VIERNES																			
1					2					3					4 - Student favourites					5 - CHINESE FRIDAY																			
Brown rice and tomato sauce					Broccoli and garlic					Organic bean salad with baked croutons <small>(tomato, onion, croutons, EVOO, vinegar, and salt) (12)</small>					Whole grain spaghetti with tuna (1,3,4,6,10)					Spring roll (1,2,3,4,6,7,8,9,10,14)																			
Grilled hamburger and onion (1,6,7,10,11,12)					Grilled pork loin and peppers					Cheese omelette (3,7)					Chicken and vegetables "fajitas" (1)					Katsu-style tofu served with curry sauce (1,6,10,12)																			
Vegetarian kale and quinoa burger (1,6)					Vegetarian "sausages" and onion (6)					Andalusian-style fried squid (1,6,10,14)					Plant-based "chicken" and vegetable fajitas (1,6)					Chicken Katsu with Japanese-style curry sauce (1,3,6,10)																			
Grilled vegetables					Mashed potato (12)					Sautéed cauliflower					Diced potatoes (12)					Steamed rice																			
Roasted potato (12)					Grilled tomato					Asparagus and mayonnaise (6) 					Guacamole					Stir fried vegetables																			
Salad with mixed berry vinaigrette					Pasta salad (1,3,6,10)					Four seasons salad					Mediterranean salad (3,4) (3,4)					Fresh salad with sweet and sour dressing																			
Seasonal fruit					Seasonal fruit					Seasonal fruit					Dairy dessert (7)					Homemade dessert (1,3,6,7,10)																			
kcal	782,1	Lip	31,7	Prot	42,7	HdC	82	kcal	774,2	Lip	27,6	Prot	37,9	HdC	94	kcal	794,8	Lip	18,0	Prot	41,7	HdC	117	kcal	750,7	Lip	27,4	Prot	39,3	HdC	87	kcal	795,7	Lip	28,9	Prot	47,7	HdC	86
8					9					10					11					12 - COSTA RICAN FRIDAY																			
Potato and vegetables salad & mayo (3,4,6)					Organic lentils soup and vegetables					"Fideuá" with vegetables (1,3,6,10)					Chickpea salad with onion, red and green peppers, and boiled egg (3)					Traditional Costa Rican rice and beans (Gallo Pinto) <small>(with peppers, tomato, onion, and cilantro)</small>																			
Veal meatballs in sauce with vegetables (6,10,11,12)					Homemade vegetable pie (1,3,5,6,7,8,10,11)					Catalan-style cod "a la Llauna" <small>(with garlic, paprika, olive oil & parsley) (2,4,14)</small>					Pork meat and tomato sauce					Chicken "quesadilla" and caramelized onion (1)																			
Vegetarian meatballs à la jardinière (1,6)					Homemade tuna and tomato pie (horno) (1,3,4,5,6,7,8,10,11)					Breaded chicken fillet (1,3,6,10)					Mediterranean vegetal heura strips (1,6)					Vegetarian "quesadilla" and caramelized onion (1,6)																			
Steamed brown rice and bay leaves					Sautéed diced courgettes					Herby potatoes (12)					Mashed potato (7)					Baked tricolor bell peppers																			
Tempura eggplant fries (made with corn flour)					Cus cus (1,6,10) 					Hummus & "crudités" (raw vegetables)					Sautéed mushrooms					"Guacamole"																			
Mediterranean salad (3,4)					Capresse salad (7)					Green salad					Apple salad and cocktail sauce (3,6)					House salad (3,4)																			
Seasonal fruit					Seasonal fruit					Seasonal fruit					Dairy dessert (7)					Homemade dessert (1,3,6,7,10)																			
kcal	783,2	Lip	23,3	Prot	28,8	HdC	115	kcal	772,2	Lip	36,3	Prot	34,1	HdC	77	kcal	799,6	Lip	30,8	Prot	49,4	HdC	81	kcal	778,7	Lip	14,4	Prot	44,2	HdC	118	kcal	763,5	Lip	22,7	Prot	47,1	HdC	93
15					16					17					18					19 - AMERICAN FRIDAY																			
Green beans and tomato sauce					Agglio e olio pasta (1,3,6,10)					Traditional Spanish potato salad with tuna and peppers <small>(3,4,6,12)</small>					Organic lentils, vegetables and "chorizo"					Caesar salad (1,3,4,6,7,10)																			
Spanish potato omelette (3)					Plant-based moussaka (1,6,7,10)					Grilled salmon & tarragon (4)					Vegetable bolognese wok with textured soy (6)					Burger with lettuce, tomato, onion and, cheese (1,6,7,10,11,12)																			
Plant based meatballs with vegetables (6,9,12)					Traditional meaty lasagne (1,6,7,10)					Assorted croquettes (1,2,3,4,5,6,7,8,9,10,14)					Marinated chicken skewer					Vegetarian "hamburger" (1,6,10,11,12)																			
Homemade garlic bread (1,6,10)					Sautéed peas					Cous-cous (1,6,10)					Quinoa & vegetables (Tr.1,5,6,7,8,11) 					Deluxe potatoes																			
Mixed salad					Fries (12)					Sautéed broccoli					Grilled tomato and oregano					Grilled vegetables																			
White asparagus and mayonnaise (3,6)					Murcian style salad (3,4,12)					House salad (3,4)					Mediterranean salad (3,4)					Coleslaw salad (3,6)																			
Seasonal fruit					Seasonal fruit					Seasonal fruit					Dairy dessert (7)					Homemade dessert (1,3,6,7,10)																			
kcal	714,5	Lip	27,6	Prot	22,2	HdC	94	kcal	833,2	Lip	43,4	Prot	23,1	HdC	87	kcal	807,4	Lip	35,0	Prot	44,7	HdC	78	kcal	763,1	Lip	27,0	Prot	27,7	HdC	102	kcal	825,8	Lip	26,6	Prot	45,8	HdC	101
22					23					24					25					26																			
Pilaf-style rice with vegetables					Chickpeas salad (tomato, onion, cucumber, tuna) (4)					"Gazpacho" (cold tomato soup) (1,12)					Pasta salad (1,3,4,6,10)					LAST DAY OF SCHOOL																			
Hake fillet "a la Bilbaína" <small>(with garlic, chili pepper, and olive oil sauce) (4)</small>					Plant based schnitzel (1,3,6,7,10)					Roasted chicken and bay leaves					Chicken fingers (1,3,6,10)																								
Zucchini stuffed with plant-based protein (6)					Bacon and cheese quiche (1,3,5,6,7,8,10,11)					Vegan "chicken" strips (6)					Plant based fingers (1,6)																								
Grilled pork loin					"Sanfaina" 					Cous-cous (1,6,10)					Grilled vegetables																								
Roasted potato (12)					Diced potatoes (12)					Sautéed vegetables					Asparagus and mayonnaise (3,6)																								
"Escalivada" (grilled vegetables)					Green salad					Cheff salad					Mediterranean salad (3,4) (3,4)																								
Salad with hard-boiled egg (3)					Seasonal fruit					Seasonal fruit					Dairy dessert (7)																								
kcal	757,6	Lip	21,5	Prot	32,0	HdC	109	kcal	716,5	Lip	27,0	Prot	24,2	HdC	94	kcal	816,2	Lip	49,2	Prot	30,2	HdC	63	kcal	791,2	Lip	43,1	Prot	35,5	HdC	65								

Menú secundaria sin gluten - Junio 2026

Utilización de legumbres de producción ecológica.
Agua como bebida única en el menú.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuzes	Moluscos

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4 - Student favourites	5 - CHINA FRIDAY
Brown rice and tomato sauce	Broccoli and garlic	Organic bean salad with baked croutons (tomato, onion, croutons, EVOO, vinegar, and salt) (12)	Allergen free pasta with tuna	Steamed rice
Grilled hamburger and onion (gluten free hamburger)	Grilled pork loin and peppers	Cheese omelette (3,7)	Chicken and vegetables "fajitas" (gluten free)	<u>Katsu-style tofu served with curry sauce (allergen free)</u>
Grilled vegetables Roasted potato (12) Salad with mixed berry vinaigrette	Mashed potato (12) Grilled tomato Pasta salad (gluten free)	Sautéed cauliflower Asparagus and mayonnaise (6) Four seasons salad	Diced potatoes (12) Guacamole Mediterranean salad (3,4)	Steamed rice Stir fried vegetables Fresh salad with sweet and sour dressing
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (allergen free)
8	9	10	11	12 - COSTA RICA FRIDAY
Potato and vegetables salad & mayo (3,4,6)	Organic lentils soup and vegetables	"Fideuá" with vegetables (gluten free pasta)	Chickpea salad with onion, red and green peppers, and boiled egg (3)	Traditional Costa Rican rice and beans (Gallo Pinto) (with peppers, tomato, onion, and cilantro)
Veal meatballs in sauce with vegetables (6,10,11,12)	Spanish potato omelette (3)	Catalan-style cod "a la Llauna" (with garlic, paprika, olive oil & parsley) (2,4,14)	Pork meat and tomato sauce	Chicken "quesadilla" and caramelized onion (gluten free "tortilla")
Steamed brown rice and bay leaves Tempura eggplant fries (made with corn flour) Mediterranean salad (3,4)	Sautéed diced courgettes Cus cus (1,6,10) Capresse salad (7)	Herby potatoes (12) Hummus & "crudités" (raw vegetables) Green salad	Mashed potato (7) Sautéed mushrooms Apple salad and cocktail sauce (3,6)	Baked tricolor bell peppers "Guacamole" House salad (3,4)
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (allergen free)
15	16	17	18	19 - AMERICAN FRIDAY
Green beans and tomato sauce	Agglio e olio pasta (allergen free pasta)	Traditional Spanish potato salad with tuna and peppers (3,4,6,12)	Organic lentils, vegetables and "chorizo"	Caesar salad (gluten free bread; 3,4,6,7,10)
Spanish potato omelette (3)	Traditional meaty lasagne (allergen free bechamel sauce)	Grilled salmon & tarragon (4)	Marinated chicken skewer	Burger with lettuce, tomato, onion and, cheese (gluten free bread) (7)
Homemade garlic bread (gluten free bread) Mixed salad White asparagus and mayonnaise (3,6)	Sautéed peas Fries (12) Murcian style salad (3,4,12)	Cous-cous (1,6,10) Sautéed broccoli House salad (3,4)	Gluten free pasta Grilled tomato and oregano Mediterranean salad (3,4)	Deluxe potatoes Grilled vegetables Coleslaw salad (3,,6)
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (allergen free)
22	23	24	25	26
Pilaf-style rice with vegetables	Chickpeas salad (tomato, onion, cucumber, tuna) (4)	"Gazpacho" (cold tomato soup) (with gluten free bread; 12)	Pasta salad (allergen free pasta; 3,4)	LAST DAY OF SCHOOL
Hake fillet "a la Bilbaína" (with garlic, chili pepper, and olive oil sauce) (4)	Spanish potato omelette (3)	Roasted chicken and bay leaves	Chicken fingers (allergen free)	
Roasted potato (12) "Escalivada" (grilled vegetables) Salad with hard-boiled egg (3)	"Sanfaina" Diced potatoes (12) Green salad	Cous-cous (1,6,10) Sautéed vegetables Cheff salad	Grilled vegetables Asparagus and mayonnaise (3,6) Mediterranean salad (3,4) (3,4)	
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	



Secondary menu - Halal, no pork meat - June 2026

Use of organically produced legumes.
Water as the sole beverage on the menu

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuces	Moluscos

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4 - Student favourites	5 - CHINESE FRIDAY
Brown rice and tomato sauce	Broccoli and garlic	Organic bean salad with baked croutons (tomato, onion, croutons, EVOO, vinegar, and salt) (12)	Whole grain spaghetti with tuna (1,3,4,6,10)	Spring roll (1,2,3,4,6,7,8,9,10,14)
Vegetarian kale and quinoa burger (1,6)	Vegetarian "sausages" and onion (6)	Cheese omelette (3,7)	Chicken (Halal certificated) and vegetables "fajitas" (1)	Chicken (Halal certificated) Katsu with Japanese-style curry sauce (1,3,6,10)
Grilled vegetables Roasted potato (12) Salad with mixed berry vinaigrette Seasonal fruit	Mashed potato (12) Grilled tomato Pasta salad (1,3,6,10) Seasonal fruit	Sautéed cauliflower Asparagus and mayonnaise (6) Four seasons salad Seasonal fruit	Diced potatoes (12) Guacamole Mediterranean salad (3,4) (3,4) Dairy dessert (7)	Steamed rice Stir fried vegetables Fresh salad with sweet and sour dressing Homemade dessert (1,3,6,7,10)
8	9	10	11	12 - COSTA RICAN FRIDAY
Potato and vegetables salad & mayo (3,4,6)	Organic lentils soup and vegetables	"Fideuá" with vegetables (1,3,6,10)	Chickpea salad with onion, red and green peppers, and boiled egg (3)	Traditional Costa Rican rice and beans (Gallo Pinto) (with peppers, tomato, onion, and cilantro)
Veal (Halal certificated) meatballs in sauce with vegetables (6,10,11,12)	Homemade tuna and tomato pie (horno) (1,3,4,5,6,7,8,10,11)	Catalan-style cod "a la llauna" (with garlic, paprika, olive oil & parsley) (2,4,14)	Mediterranean vegetal heura strips (1,6)	Chicken (Halal Certificated) "quesadilla" and caramelized onion (1)
Steamed brown rice and bay leaves Tempura eggplant fries (made with corn flour) Mediterranean salad (3,4) Seasonal fruit	Sautéed diced courgettes Cus cus (1,6,10) Capresse salad (7) Seasonal fruit	Herby potatoes (12) Hummus & "crudités" (raw vegetables) Green salad Seasonal fruit	Mashed potato (7) Sautéed mushrooms Apple salad and cocktail sauce (3,6) Dairy dessert (7)	Baked tricolor bell peppers "Guacamole" House salad (3,4) Homemade dessert (1,3,6,7,10)
15	16	17	18	19 - AMERICAN FRIDAY
Green beans and tomato sauce	Aggie o olio pasta (1,3,6,10)	Traditional Spanish potato salad with tuna and peppers (3,4,6,12)	Organic lentils, vegetables	Caesar salad (1,3,4,6,7,10)
Spanish potato omelette (3)	Traditional meaty lasagne (Halal certificated meat) (1,6,7,10)	Grilled salmon & tarragon (4)	Herby chicken (Halal certificated)	Veal hamburger (Halal certificated) (1,6,10,11,12)
Homemade garlic bread (1,6,10) Mixed salad White asparagus and mayonnaise (3,6) Seasonal fruit	Sautéed peas Fries (12) Murcian style salad (3,4,12) Seasonal fruit	Cous-cous (1,6,10) Sautéed broccoli House salad (3,4) Seasonal fruit	Quinoa & vegetables (Tr.1,5,6,7,8,11) Grilled tomato and oregano Mediterranean salad (3,4) Dairy dessert (7)	Deluxe potatoes Grilled vegetables Coleslaw salad (3,6) Homemade dessert (1,3,6,7,10)
22	23	24	25	26
Pilaf-style rice with vegetables	Chickpeas salad (tomato, onion, cucumber, tuna) (4)	"Gazpacho" (cold tomato soup) (1,12)	Pasta salad (1,3,4,6,10)	LAST DAY OF SCHOOL
Hake fillet "a la Bilbaína" (with garlic, chili pepper, and olive oil sauce) (4)	Spanish potato omelette (3)	Roasted chicken (Halal certificated) and bay leaves	Chicken (Halal certificated) fingers (1,3,6,10)	
Roasted potato (12) "Escalivada" (grilled vegetables) Salad with hard-boiled egg (3) Seasonal fruit	"Sanfaina" Diced potatoes (12) Green salad Seasonal fruit	Cous-cous (1,6,10) Sautéed vegetables Cheff salad Seasonal fruit	Grilled vegetables Asparagus and mayonnaise (3,6) Mediterranean salad (3,4) (3,4) Dairy dessert (7)	



Secondary menu - Low calories - June 2026

Use of organically produced legumes.
Water as the sole beverage on the menu

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuces	Moluscos

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4 - Student favourites	5 - CHINESE FRIDAY
Grilled vegetables	Broccoli and garlic	Organic bean salad with baked croutons (tomato, onion, croutons, EVOO, vinegar, and salt) (12)	Whole grain spaghetti aggio e olio (1,3,6,10)	Stir fried vegetables
Grilled hamburger and onion (1,6,7,10,11,12)	Grilled pork loin and peppers	Cheese omelette (3,7)	Chicken and vegetables "fajitas" (1)	Grilled chicken fillet with a fine touch of curry
Grilled vegetables Roasted potato (12) Salad with mixed berry vinaigrette	Mashed potato (12) Grilled tomato Pasta salad (1,3,6,10)	Sautéed cauliflower Asparagus and mayonnaise (6) Four seasons salad	Diced potatoes (12) Guacamole Mediterranean salad (3,4) (3,4)	Steamed rice Fresh salad with sweet and sour dressing
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (1,3,6,7,10)
8	9	10	11	12 - COSTA RICAN FRIDAY
Brow rice salad	Organic lentils soup and vegetables	"Fideuá" with vegetables (1,3,6,10)	Chickpea salad with onion, red and green peppers, and boiled egg (3)	Traditional Costa Rican rice and beans (Gallo Pinto) (with peppers, tomato, onion, and cilantro)
Herby hake fillet (4)	French omelette (4)	Catalan-style cod "a la Llauna" (with garlic, paprika, olive oil & parsley) (2,4,14)	Diced pork meat	Chicken fileit and baked tricolor bell peppers
Tempura eggplant fries (made with corn flour) Mediterranean salad (3,4)	Sautéed diced courgettes Cus cus (1,6,10) Capresse salad (7)	Herby potatoes (12) Hummus & "crudités" (raw vegetables) Green salad	Mashed potato (7) Sautéed mushrooms Apple salad and cocktail sauce (3,6)	Baked tricolor bell peppers "Guacamole" House salad (3,4)
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (1,3,6,7,10)
15	16	17	18	19 - AMERICAN FRIDAY
Green beans and paprika	Aggio e olio pasta (1,3,6,10)	Sautéed broccoli	Quinoa & vegetables (1,5,6,7,8,11)	Caesar salad (no sauce, no bacon) (1,3,4,6,7,10)
French omelette (3)	Traditional meaty lasagne (NO BECHAMEL SAUCE))	Grilled salmon & tarragon (4)	Marinated chicken skewer (GRILLED)	Grilled hamburger with lettuce, tomato, onion (6,10,11,12)
Homemade garlic bread (1,6,10) Mixed salad White asparagus and mayonnaise (3,6)	Sautéed peas Fries (12) Murcian style salad (3,4,12)	Cous-cous (1,6,10) Potato and vegetables salad House salad (3,4)	Grilled tomato and oregano Mediterranean salad (3,4)	Grilled vegetables Coleslaw salad (3,6)
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	Homemade dessert (1,3,6,7,10)
22	23	24	25	26
"Escalivada" (grilled vegetables)	Chickpeas salad (tomato, onion, cucumber, tuna) (4)	"Gazpacho" (cold tomato soup) (1,12)	Grilled vegetables	LAST DAY OF SCHOOL
Hake fillet "a la Bilbaína" (with garlic, chili pepper, and olive oil sauce) (4)	Zucchini omelette (3)	Roasted chicken and bay leaves	Pork loin and garlic	
Roasted potato (12) Rice with vegetables Salad with hard-boiled egg (3)	"Sanfaina" Diced potatoes (12) Green salad	Cous-cous (1,6,10) Sautéed vegetables Cheff salad	Pasta salad (1,3,6,10) Asparagus Mediterranean salad (3,4)	
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy dessert (7)	

Secondary menu - Vegetarian - June 2026

Use of organically produced legumes.
Water as the sole beverage on the menu

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Gluten	Crustáceos	Huevos	Pescado	Cacahuete	Soja	Leche	Frutos de cáscara	Apio	Mostaza	Sésamo	Sulfitos	Altramuces	Moluscos

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4 - Student favourites	5 - CHINESE FRIDAY
Brown rice and tomato sauce	Broccoli and garlic	Organic bean salad with baked croutons (tomato, onion, croutons, EVOO, vinegar, and salt) (12)	Whole grain spaghetti aggio e olio (1,3,6,10)	Spring roll (1,2,3,4,6,7,8,9,10,14)
Vegetarian kale and quinoa burger (1,6)	Vegetarian "sausages" and onion (6)	Cheese omelette (3,7)	Plant-based "chicken" and vegetable fajitas (1,6)	Katsu-style tofu served with curry sauce (1,6,10,12)
Grilled vegetables Roasted potato (12) Salad with mixed berry vinaigrette Seasonal fruit	Mashed potato (12) Grilled tomato Pasta salad (1,3,6,10) Seasonal fruit	Sautéed cauliflower Asparagus and mayonnaise (6) Four seasons salad (no animal protein) Seasonal fruit	Diced potatoes (12) Guacamole Mediterranean salad (no animal protein) Dairy dessert (7)	Steamed rice Stir fried vegetables Fresh salad with sweet and sour dressing Homemade dessert (1,3,6,7,10)
8	9	10	11	12 - COSTA RICAN FRIDAY
Potato and vegetables salad & mayo (3,4,6)	Organic lentils soup and vegetables	"Fideuá" with vegetables (1,3,6,10)	Chickpea salad with onion, red and green peppers, and boiled egg (3)	Traditional Costa Rican rice and beans (Gallo Pinto) (with peppers, tomato, onion, and cilantro)
Vegetarian meatballs à la jardinière (1,6)	Homemade vegetable pie (1,3,5,6,7,8,10,11)	Falafel & yogurt sauce (1,6,7,10)	Mediterranean vegetal heura strips (1,6)	Vegetarian "quesadilla" and caramelized onion (1,6)
Steamed brown rice and bay leaves Tempura eggplant fries (made with corn flour) Mediterranean salad (no animal protein) Seasonal fruit	Sautéed diced courgettes Cus cus (1,6,10) Capresse salad (7) Seasonal fruit	Herby potatoes (12) Hummus & "crudités" (raw vegetables) Green salad Seasonal fruit	Mashed potato (7) Sautéed mushrooms Apple salad and cocktail sauce (3,6) Dairy dessert (7)	Baked tricolor bell peppers "Guacamole" House salad (no animal protein) Homemade dessert (1,3,6,7,10)
15	16	17	18	19 - AMERICAN FRIDAY
Green beans and tomato sauce	Aggio e olio pasta (1,3,6,10)	Traditional Spanish potato salad with tuna and peppers (3,4,6,12)	Organic lentils, vegetables	Caesar salad (no bacon, no chicken) (1,3,4,6,7,10)
Spanish potato omelette (3)	Plant-based moussaka (1,6,7,10)	Tofu on a bed of peppers with chili sauce (1,6)	Vegetable bolognese wok with textured soy (6)	Vegetarian "hamburger" (1,6,10,11,12)
Homemade garlic bread (1,6,10) Mixed salad White asparagus and mayonnaise (3,6) Seasonal fruit	Sautéed peas Fries (12) Murcian style salad (3,4,12) Seasonal fruit	Cous-cous (1,6,10) Sautéed broccoli House salad (no animal protein) Seasonal fruit	Quinoa & vegetables (Tr.1,5,6,7,8,11) Grilled tomato and oregano Mediterranean salad (no animal protein) Dairy dessert (7)	Deluxe potatoes Grilled vegetables Coleslaw salad (3,6) Homemade dessert (1,3,6,7,10)
22	23	24	25	26
Pilaf-style rice with vegetables	Chickpeas salad (tomato, onion, cucumber, tuna) (4)	"Gazpacho" (cold tomato soup) (1,12)	Pasta salad (1,3,4,6,10)	LAST DAY OF SCHOOL
Zucchini stuffed with plant-based protein (6)	Plant based schnitzel (1,3,6,7,10)	Vegan "chicken" strips (6)	Plant based fingers (1,6)	
Roasted potato (12) "Escalivada" (grilled vegetables) Salad with hard-boiled egg (3) Seasonal fruit	"Sanfaina" Diced potatoes (12) Green salad Seasonal fruit	Cous-cous (1,6,10) Sautéed vegetables Cheff salad (no animal protein) Seasonal fruit	Grilled vegetables Asparagus and mayonnaise (3,6) Mediterranean salad (no animal protein) Dairy dessert (7)	